Benjamin Lee Martin



A Playsapce for creative connections to oneself and to others palyfully.



2019 / Bodyloops - Playing between Structure & Chaos / CounterPlay Festival Aarhus Denmark

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2019 / Big Green Thing / Ecstatic Dance Berlin

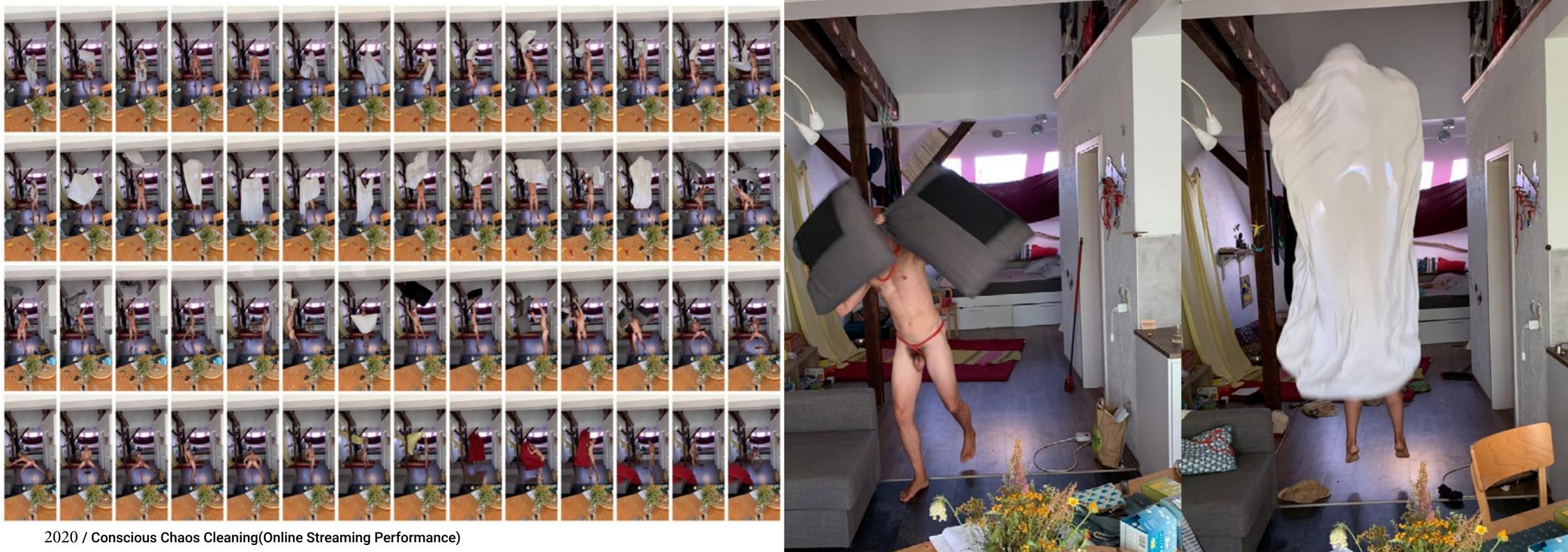
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2019 / Big Green Thing / Ecstatic Dance Berlin









revolution in your bedroom:

1. Keep your clothes on

2. Lie down back to back

3. Start moving slowly

4. Keep body contact

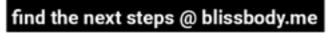
5. Follow what feels good

6. Find new shapes together

7.Use all body, no hands

8. Notice where your bodies touch

9. Keep your clothes on















Bliss Body Me (video stills)



















2018-2021 / Erotic Energetics / Ongoing Exploration of non-conventional Erotic Body Connections

couth to sky crown to ground root to root

boot to face nub your feel on this bace nub your four min beet

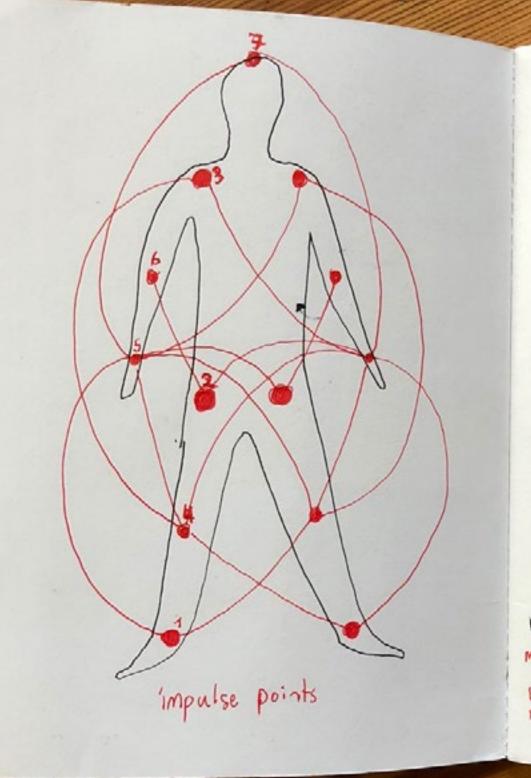


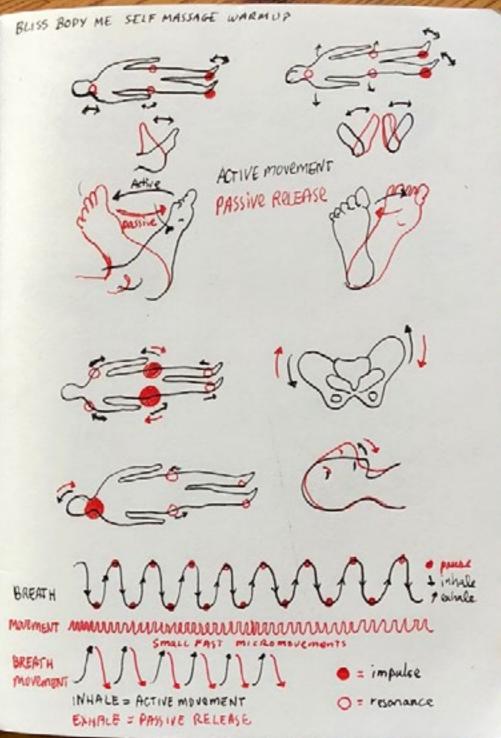


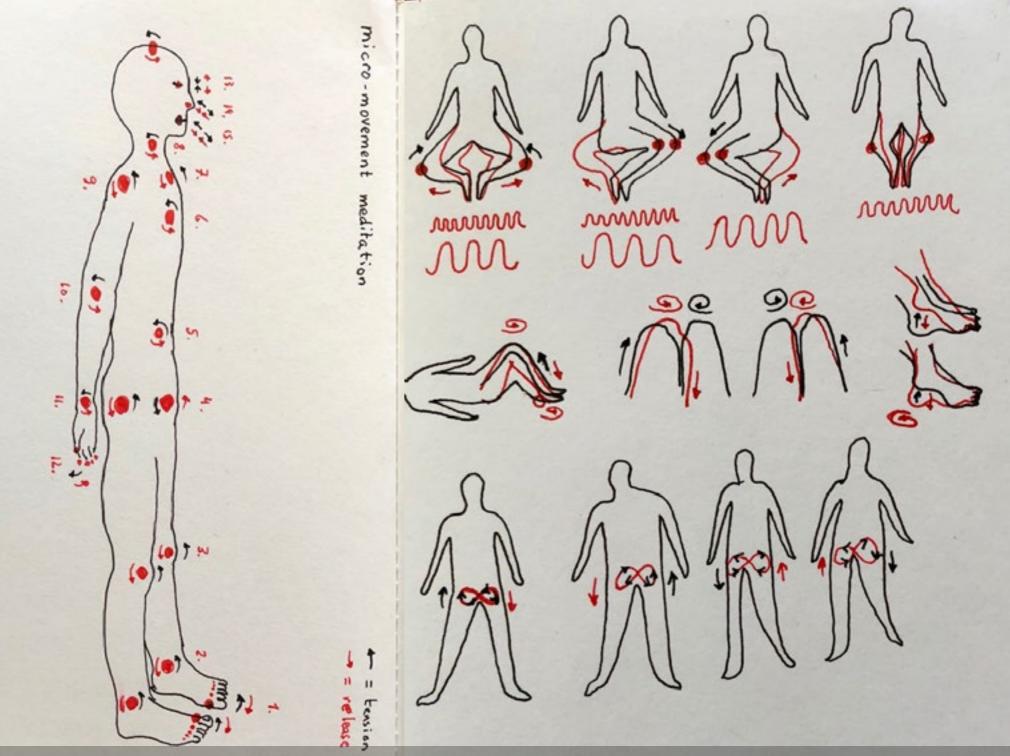
Root to hoot











1996 - 2021 BlissBody Me Principles for Self Pleasure Micro-Movement Meditation / Research notebook

.... Embodied Art, Pleasure Activism, Clown Shamanism, Silly Sensuality, Erotic Energetics, Playful Nature, Dancing, Singing, Playing, Touching. Endless exploration and Creativity. This is what makes me alive. This is what i love to share with whoever feels the invitation. find me mostly in Berlin & sometimes online: instagram: benjileemartin tiktok: benjiheart facebook: benjiart www.blissbody.me www.bodyloops.com telegram: +4915773930324 **HINKS** 2020 Jan / BlissBody Micro-Movement Meditation / Agape Zoe Healing Festival Intensive, Berlin